

*Saint Joseph took Jesus' little hands and raising them to heaven he said: "Stars of heaven, behold the hands which created you; O Sun, behold the arm that drew you out of nothingness."
— Blessed William Joseph Chaminade*



Novena in Honor of Saint Joseph

March 11—March 19

Saint Joseph is an excellent guide through Lent to Easter as he is our model in all the sorrows and joys of life. We can easily see him, that man of few words and deep eyes, lifting his heart up to God in every circumstance of his life, drawing strength to meet every challenge from his loving union with God. As Blessed Jean Joseph Lataste says,

"What did Saint Joseph actually do? He loved. This is all he did, and it was sufficient for his glory. He loved God without limit and without lessening. This was his significance; this was his life here below. For this, he had been loved immeasurably. Behold his glory for all eternity! Go to him without hesitation. He is all-powerful in heaven. As for his goodness, you cannot doubt it when you think that he spent his life in the intimacy of the hearts of Jesus and Mary—the most loving and most kindly hearts there ever were."

The devotion to the Seven Sorrows of Saint Joseph began sometime in the 16th century, rather as a parallel to the devotion to the Seven Sorrows of Our Lady. An Our Father, Hail Mary, and a Glory Be would be said while meditating on each Sorrow.

It was only in the 18th century that devotion to the Seven Joys of Saint Joseph came to be joined to his Sorrows—due in great part to the preaching of Blessed Januarius Maria Sarnelli and Saint Joseph's own intervention.

Another way of honoring the Joys and Sorrows of Saint Joseph is by the Seven Sundays devotion, requested by Saint Joseph of two shipwrecked Franciscans he had rescued. This devotion consists of meditating on one Sorrow and Joy on each of the seven Sundays leading up to March 19th.

"Because Saint Joseph was associated with Mary in her glorious privileges, he also had to suffer like her and his heart too was pierced by seven swords."

— Saint Peter Julian Eymard

"What a sublime vision to have the Son of God ever before his eyes! Ecstasy most rare! Rapture most marvelous!"

— Blessed William Joseph Chaminade

Saint Joseph was not only destined as a relief to the Mother of God, who had so many tribulations on earth; not only was he the supporter of Jesus Christ, but he was also destined to cooperate, in a way, in the redemption of the world."

— Saint Alphonsus Liguori

Monastery Schedule for Lent and

Easter 2026



Each Friday of Lent	Stations of the Cross and Benediction at 7:00 p.m.
March 19th	Feast of St. Joseph <i>Rosary and Benediction at 5:00 p.m.</i>
March 29th	Palm Sunday <i>Procession of Palms at 7:00 a.m.</i> <i>Mass</i>
April 2nd	Holy Thursday <i>Mass of the Lord's Supper at 5:00 p.m.</i>
April 3rd	Good Friday <i>Liturgy at 3:00 p.m.</i>
April 4th	Holy Saturday <i>Easter Vigil Mass at 11:00 p.m.</i>
April 5th	Easter Sunday <i>Mass at 9:00 am,</i> <i>Rosary and Benediction at 5:00 p.m.</i>
April 6th & 7th	Easter Monday & Tuesday <i>Mass at 8:00 am,</i> <i>Rosary and Benediction at 5:00 p.m.</i>

Novena Prayer

To be said every day after Mass

O glorious Saint Joseph, you who did faithfully obey the law of God, your heart was pierced at the sight of the Precious Blood that was shed by the Infant Savior during His circumcision, but the Name of Jesus gave you new life and filled you with quiet joy. By this sorrow and this joy, obtain for us the grace to be freed from all sin during life, and to die rejoicing, with the holy Name of Jesus in our hearts and on our lips.

Amen.

—Saint Peter Julian Eymard

The Seven Sorrows and Joys of Saint Joseph

- ~ 1st Sorrow: *Saint Joseph Resolves to Leave Mary Quietly*
- ~ 1st Joy: *Saint Joseph's Annunciation*
- ~ 2nd Sorrow: *The Poverty of Jesus' Birth*
- ~ 2nd Joy: *The Birth of the Savior*
- ~ 3rd Sorrow: *The Circumcision*
- ~ 3rd Joy: *The Holy Name of Jesus*
- ~ 4th Sorrow: *The Prophecy of Simeon*
- ~ 4th Joy: *The Effects of the Redemption*
- ~ 5th Sorrow: *The Flight into Egypt*
- ~ 5th Joy: *The Overthrow of the Idols of Egypt*
- ~ 6th Sorrow: *The Return from Egypt*
- ~ 6th Joy: *Life with Jesus and Mary at Nazareth*
- ~ 7th Sorrow: *The Loss of the Child Jesus*
- ~ 7th Joy: *The Finding of the Child Jesus*

Intentions for the Triduum

Our Pope, Bishops & Priests Our Country Triumph of the Immaculate Heart of Mary Vocations

Thanksgiving Health Conversion Family Financial Aid Deceased Spouse

Respect for All Human Life Special Intention: _____

You may also send in your intentions online at <http://carmeloflaversecity.org/saint-joseph/>

My name and address on the other side is: _____

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